



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Physical development PE Lessons will involve: -Forest school skills -Balance (inc on a bike) - Different ways of moving - How to negotiate space - Travel with confidence and with some changes in speed -Parachute	Physical development PE Lessons will involve: Forest school skills -Balance (inc on a bike) - Use apparatus to climb, balance and move in different ways	Physical development PE Lessons will involve: - Use apparatus to climb and then dismount by jumping safely and in different ways.	Physical development PE Lessons will involve: Ball skills Rolling/ Passing	Physical development Ball skills Catching/ Throwing	Physical development PE Lessons will involve: Athletics Running skills Agility Sports day games
Year 1	Gymnastics	Dance	Gymnastics	Dance	Racquet Skills	Team Games
	Ball Skills	Ball Skills	Games	Games		
Year 2	Dance	Dance	Gymnastics	Gymnastics	Circuits	Dance
	Fundamental skills	Fundamental skills	Fundamental skills within games	Fundamental skills within games	Athletics	Athletics
Year 3	Dance	Gymnastics	Gymnastics	Gymnastics	Dance	Dance
	Tag Rugby	Fundamental skills in games	Hockey	Striking and fielding	Athletics	Tennis
Year 4	Dance	Gymnastics	Badminton	Dance	Gymnastics	Netball
	Tag Rugby	Hockey O+A	Athletics	Athletics	Tri-Golf	
Year 5	Gymnastics	Gymnastics	Dance	Dance	Invasion games	Dance
	Athletics	Outdoor and Adventure	Basketball	Hockey	Cricket	Athletics
Year 6	Circuit Training	Dance	Gymnastics	Gymnastics	Cricket	Dance



Long Term Plan: PE

	Tag Rugby Outdoor pursuits	Hockey	Basketball	Netball and Dodgeball	Athletics	Athletics
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