

## WEEK 3



Choose from...

Main

Vegetarian

Combo

Packed lunch

...and to finish!

Bread and Salad will be available at Lunch Times

## MONDAY

Home-made Pizza

to go with

Sweetcorn, Homemade mixed potato wedges

Southern Style Quorn Burger

to go with

Sweetcorn, Homemade mixed potato wedges

**Jacket Potato** 

to go with Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Wrap

to go with Mixed Salad

with choice of fillings

**Grated Cheese** 

Banana Flapjack

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

TUESDAY

**Beef Stir Fry** 

to go with

Mixed Rice

Vegetarian Toad in the Hole

to go with

Peas, Mashed Potato, Gravy

**Jacket Potato** 

to go with Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 9 with Crunchy Vegetables, Yogurt & Fresh Fruit

to go with

Cheese Wrap, Ham Roll

Strawberry Sponge

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

WEDNESDAY

Fish Fingers

to go with

Mashed Potato, Peas

Bean & Vegetable Cottage Pie

to go with

Peas

**Jacket Potato** 

to go with Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Pasta

to go with
Mixed Veg

with choice of fillings

Homemade Tomato & Basil Sauce

Sweet Beetroot & Chocolate

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly THURSDAY

Chicken Wrap

to go with

Roasted Veg Cous Cous Salad, Sweetcorn

**Tomato Pasta** 

to go with

Sweetcorn, Wholemeal Garlic Bread

**Jacket Potato** 

to go with Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans FRIDAY

Sausage

to go with

Baked Beans, Chips

Cheese Puff

to go with

Baked Beans, Chips, Peas

**Jacket Potato** 

to go with Mixed Salad

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with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Wrap

to go with Mixed Salad

with choice of fillings

Grated Cheese

Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack to go with

> Tuna Mayo & Sweetcorn Sandwich, Chicken Salad Baguette on White

**Apple & Date Cake** 

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly Homemade Shortbread

Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

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 ${\bf Please\ speak\ to\ a\ member\ of\ the\ Catering\ Team\ or\ view\ relishs chool food. co. uk\ for\ Allergen\ Information}$