

PSHE Curriculum



Learning for Life Subject Fingerprint

To be able to make informed and healthy decisions in life.	To keep ourselves and others safe.	Be able to contribute positively to the school community and wider society.	Be accepting and tolerant to the beliefs, values and background of others.	Have developed the skills and strategies to succeed in life.
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	Autumn	Spring	Summer
Year 1	Myself and My Relationships: Beginning and Belonging Myself and My Relationships: My Emotions Healthy & Safer Lifestyles: Managing Safety and Risk	Citizenship: Working Together Citizenship: Diversity and Communities	Healthy & Safer Lifestyles: Healthy Lifestyles Healthy & Safer Lifestyles: Relationships and Sex Education
Year 2	Citizenship: Rights, Rules & Responsibilities Myself and My Relationships: Family and Friends Myself and My Relationships: Anti-Bullying	Healthy & Safer Lifestyles: Drug Education Citizenship: Diversity and Communities Healthy & Safer Lifestyles: Personal Safety	Healthy & Safer Lifestyles: Relationships and Sex Education Myself and My Relationships: Managing Changes
Year 3	Myself and My Relationships: Beginning and Belonging Myself and My Relationships: My Emotions Healthy & Safer Lifestyles: Managing Safety and Risk	Citizenship: Working Together Citizenship: Diversity and Communities	Healthy & Safer Lifestyles: Healthy Lifestyles Healthy & Safer Lifestyles: Relationships and Sex Education
Year 4	Citizenship: Rights, Rules & Responsibilities Myself and My Relationships: Family and Friends Myself and My Relationships: Anti-Bullying	Healthy & Safer Lifestyles: Drug Education Citizenship: Diversity and Communities Healthy & Safer Lifestyles: Personal Safety	Healthy & Safer Lifestyles: Relationships and Sex Education Myself and My Relationships: Managing Changes
Year 5	Myself and My Relationships: Beginning and Belonging Myself and My relationships: My Emotions Healthy & Safer Lifestyles: Managing Safety and Risk	Citizenship: Working Together Citizenship: Diversity and Communities	Healthy & Safer Lifestyles: Healthy Lifestyles Healthy & Safer Lifestyles: Relationships and Sex Education
Year 6	Citizenship: Rights, Rules & Responsibilities Myself and My Relationships: Family and Friends Myself and My Relationships: Anti-bullying	Healthy & Safer Lifestyles: Drug Education Citizenship: Diversity and Communities Healthy & Safer Lifestyles: Personal Safety	Healthy & Safer Lifestyles: Relationships and Sex Education Myself and My Relationships: Managing Changes