



# PE Curriculum

## PE Subject Fingerprint

To develop the skills needed to excel in a range of different physical activities.	To lead healthy and active live.	To engage in competition and personal challenge within sports and activities.	To develop the characteristics of sporting behaviour.	To use a range of tactics and strategies and approaches within sports and activities.
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	Autumn		Spring		Summer	
Year 1	Balance and Coordination Throwing and Catching Skills	Dance 1 Moving with a Ball - Dribbling	Gymnastics 1 Passing and Movement Skills – Moving to Receive	Gymnastics 2 Striking Skills	Dance 2 Athletics (inc Sports Day Practise)	Outdoor and Adventurous Team Games –Attacking and Defending
Year 2	Agility Skills Throwing and Catching Skills	Dance 1 Moving with a Ball - Dribbling	Gymnastics 1 Passing and Movement Skills – Moving to Receive	Gymnastics 2 Striking Skills	Dance 2 Athletics (inc Sports Day Practise)	Outdoor and Adventurous Team Games - Attacking and Defending
Year 3	Athletics Tag Rugby	Dance Basketball	Gymnastics Hockey	Gymnastics Tennis – Striking Skills	Dance Athletics	Outdoor and Adventurous Cricket – Striking and Fielding Skills
Year 4	Athletics Tag Rugby	Dance Basketball	Gymnastics Hockey	Gymnastics Tennis	Dance Athletics	Outdoor and Adventurous Cricket
Year 5	Athletics Tag Rugby	Dance Basketball	Badminton Hockey	Gymnastics Netball	Gymnastics Athletics	Outdoor and Adventurous Cricket
Year 6	Athletics Tag Rugby	Dance Basketball	Gymnastics Hockey	Gymnastics Netball	Badminton Athletics	Outdoor and Adventurous Cricket