

## PE Curriculum



### PE Subject Fingerprint

To develop competence and confidence in fundamental movement skills.	To know how to lead a healthy and active life.	To engage in age-appropriate competitive games as individuals and as part of a team.	To develop the characteristics of sporting behaviour.	To use a range of tactics and strategies and approaches within sports and activities.
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	Autumn		Spring		Summer	
Year 1	Balance and Coordination Throwing and Catching Skills	Dance 1 Moving with a Ball - Dribbling	Gymnastics 1 Passing and Movement Skills – Moving to Receive	Gymnastics 2 Striking Skills	Dance 2 Athletics (inc Sports Day Practise)	Outdoor and Adventurous Team Games –Attacking and Defending
Year 2	Agility Skills Throwing and Catching Skills	Dance 1 Moving with a Ball - Dribbling	Gymnastics 1 Passing and Movement Skills – Moving to Receive	Gymnastics 2 Striking Skills	Dance 2 Athletics (inc Sports Day Practise)	Outdoor and Adventurous Team Games - Attacking and Defending
Year 3	Athletics Tag Rugby	Dance Basketball	Gymnastics Hockey	Gymnastics Tennis – Striking Skills	Dance Athletics	Outdoor and Adventurous Cricket – Striking and Fielding Skills
Year 4	Athletics Tag Rugby	Dance Basketball	Gymnastics Hockey	Gymnastics Tennis	Dance Athletics	Outdoor and Adventurous Cricket
Year 5	Athletics Tag Rugby	Dance Basketball	Badminton Hockey	Gymnastics Netball	Gymnastics Athletics	Outdoor and Adventurous Cricket
Year 6	Athletics Tag Rugby	Dance Basketball	Gymnastics Hockey	Gymnastics Netball	Badminton Athletics	Outdoor and Adventurous Cricket